

2023 届北大附中英语中考作文资料储备

社会主义核心价值观

班级_____ 英语教师_____ 姓名_____

老师的话：

在社会主义核心价值观相关话题作文中，往往让大家结合自身经历，谈谈你在日常生活中是如何践行其中某一点，比如诚信、团结、勇气、自信等，以及你的感受。从身边的事说起，以小见大，结合练过的习作，巧妙迁移，是此类作文得高分的法宝。

Core socialist values 社会主义核心价值观

| | | | |
|---------------|---------------|--------------|--------------------|
| prosperity 富强 | democracy 民主 | civility 文明 | harmony 和谐 |
| freedom 自由 | equality 平等 | justice 公正 | the rule of law 法治 |
| patriotism 爱国 | dedication 敬业 | integrity 诚信 | friendship 友善 |

- ✓ ... is the essence of ancient moral civilization and invisible spiritual cultural heritages.
- ✓ Being kind is a good virtue which has been passed down from generation to generation.
- ✓ Team work is our own moral code that has played an important role in social development and progress.

万用句型：

- ✓ **There is a saying that...**用于引入谚语
- ✓ **There is no doubt/ denying that...**
- ✓ **It is of great importance that...**
- ✓ **It is universally acknowledged that...**
- ✓ **We cannot emphasize the importance of reading more.**
- ✓ **It is high time we should emphasize and encourage team work.**
- ✓ **It is conceivable that** traditional culture **plays an important role** in our life.
- ✓ We should **spare no effort to** beautify our environment.
- ✓ **On no account can we ignore** the value of knowledge.
- ✓ **The reason why** we have to grow trees **is that** they can provide us with fresh air.

一、 团结: **team work/ cooperation / unity/ solidarity**

1. The importance of ... (引用名人名言、谚语)

- ✓ Unity is strength.
- ✓ Many hands make light work.
- ✓ United, we stand; divided, we fall.
- ✓ A person's strength is limited while the power of a group of people is unlimited, especially when we're in the face of big trouble or unexpected events.

2. What benefits have you got?/ How do you feel?

- ✓ We will work together for win-win cooperation.
- ✓ Only through the combined efforts from all work of society can we embrace a harmonious community and make outstanding progress.
- ✓ I sincerely hope that everyone will join team work. It not only benefits our society, but also provides a chance for us to grow and learn.

二、 诚信: **honesty/ integrity/ credibility/ faith/ sincerity/ promise**

1. What do you think is honesty?

- ✓ Honesty means speaking the truth and being fair and upright in act.

2. The importance of honesty

- ✓ Creditability is the fundamental content in Chinese citizen's ethical education.
- ✓ It is high time that we should emphasize and encourage honesty.

3. What benefits have you got? / How do you feel?

- ✓ If you treat others sincerely and honestly, you will be treated the same way.
- ✓ Those who are honest can receive trust and respect from others.
- ✓ Remember: honesty doesn't always pay, but dishonesty always costs.
- ✓ The one who can't keep his promise is not reliable.
- ✓ There is no doubt that honesty is one of the best qualities any citizen should have.

三、勇气: 勇气 **courage** 勇敢 **bravery** 勇敢的 **courageous/brave**

1. What is courage?

- ✓ Courage is what it takes to stand up and speak; courage is also what it takes to sit down and listen. --*Winston Churchill*
- ✓ Courage is the willingness to act in spite of fear.
- ✓ Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow.

2. Expressions you can use to describe your experience

- ✓ In the beginning, I dared not (do sth)
- ✓ With the encouragement of ... I gathered my courage and (did sth)
- ✓ To my surprise/Unexpectedly, I did a wonderful job and all the people cheered for me.

3. The importance of courage

- ✓ Courage provides us with strength to strive through all the hardships in life.
- ✓ If you have the courage to begin, you gain the chance to succeed.
- ✓ Courage is the most important of all the virtues because without courage, you can't practice the other virtues consistently.

4. What have you learned from the experience?

- ✓ Head up and face your life with courage.
- ✓ It's courage that helped me along the way to success.
- ✓ Courage and determination are good virtues that can accompany you on the way to success.
- ✓ In the process of our growth, we are sure to come across all kinds of challenges. However, keep courageous and determined, we will be able to overcome them sooner or later.

四、自信: **confidence/ be confident of/ self-assured/ assurance**

1. What is confidence? What do confident people usually do?

- ✓ Self-confidence is a sense of certainty, which can loose the burden in heart, like a bird free flying in the sky.

- ✓ People with high self-confidence typically have little fear of the unknown, are able to stand up for what they believe in, and have the courage to risk embarrassment.

2. The importance of courage

- ✓ Confidence is the precondition of success.
- ✓ Confidence plus opportunity equals success.
- ✓ Being confident also means having an optimistic attitude towards life.

3. How can we become confident?

Nobody is perfect. First, we need to accept ourselves as who we are. Furthermore, everyone has advantages. We need to be aware and proud of our own advantages. In this way, we can enhance our strengths to maximum and gain confidence. Besides, we can give ourselves a smile occasionally. Facing a mirror and smiling to ourselves is likely to make us feel happy and confident. Last but not least, don't be afraid of failures and challenges. On the contrary, we should learn from past experiences and try to deal with them confidently next time.

五、和谐 harmony

如何把“和谐”这个含义广泛的词转化为与我们中学生的学习和生活相关的、有话可说的作文呢？可以从“人与人之间的和谐相处”、“人与环境的和谐”（请参考环保话题资料）、“与父母家庭的和谐”这三个角度入手。

1. The importance of ...

- ✓ A small act of kindness can make a big difference.
- ✓ It is of great importance to know how to get along well with other people.
- ✓ Friendship is a kind of equality of harmony.

2. What do you do...in your daily life?

- ✓ Be a friendly person.
- ✓ Being friendly and kind to others can lead to a harmonious relationship with people around us.
- ✓ Be a good listener, adviser and supporter. Show love and concern to people around us.
- ✓ Sharing common hobbies or happiness with others may be of great help for you

to make new friends.

- ✓ Learn to smile to others often because smile passes love and friendship and helps shorten the distance between you and other people.
- ✓ When facing problems, always remember to communicate with each other patiently, try to overcome the difficulties together, which will also deepen your friendship.
- ✓ Being kind has a sort of ripple(涟漪) effect. This means that one kind action leads to more and more. So don't wait for kindness to find us, go and start a new ripple!
- ✓ Parents and children should build up a harmonious relationship.

3. What benefits have you got? / How do you feel?

- ✓ Being friendly has brought me real friendship.
- ✓ If everyone can make a contribution to …… , we can study and live in harmony.
- ✓ With their help, we can overcome many difficulties in our life.
- ✓ We can enjoy a harmonious relationship between parents and children and lead a happier life.
- ✓ I am happy and really appreciate it that everyone around is trying their best to help each other.

近几年相关真题

2019 年中考真题

自律，即自我约束，是自我提升的一种途径，有助于我们成长，促使我们不断前行。某英文网站正在开展以“自律”为主题的征文活动。假如你是李华，请用英语写一篇短文投稿，谈谈为了增强自律意识，你做过什么，以及这样做给你带来的好处。

提示词语：self-disciplined（自律的），plan, goal, habit, improve

提示问题：● What did you do to be self-disciplined?
● What benefits have you got from doing so?

范文一（中级版）

Self-discipline plays an important role in our life. It is the key to self-improvement.

To be self-disciplined, I stepped out of my Comfort Zone by pushing myself to do some “unpleasant” things, such as sparing time for exercise every day no matter how tired I was; Besides, I kept away from my mobile phone so that I could focus on study. What's

more, I made plans for everything, kept myself on schedule, got things done without procrastination. All I wanted to do is to hold out for a better future.

Accordingly, I have gained a lot of benefits. First, thanks to self-discipline, I have acquired a healthy body and made huge progress in study. Second, it has also helped me build my character, as I have become more confident and dependable. Last, it is self-discipline that has taught me a victory of reasoning brain over immediate pleasure was so awesome. I believe self-discipline is another way of saying self-love.

范文二（高级版）

Self-discipline plays an important role in our life. To be honest, I am a person who is self-disciplined.

I used to follow all kinds of rules and hand in the tasks appointed on time at school. And I could not only respect all my teachers but also get on well with my classmates. At home, I was able to balance housework and homework. I usually made a plan in advance to make it easier to achieve my goal. After finishing all the task, I developed the habit of going to bed early and getting up early. In the society, I spared no effort to improve myself all the time.

In a word, I have benefited a lot from being self-disciplined. First of all, I have had many good habits, which makes my life easier and more regular. Secondly, my life and my study have been so efficient so that a lot of time has been saved. Thirdly, being self-disciplined has prepared me for a better and brighter future. In the future, I will continue to be a self-disciplined person.

范文三（铂金版）

Self-discipline plays an important role in our life. I regard self-discipline as the most essential quality. Because it not only lays a solid foundation for my self-improvement, but also brings me long-term benefits as it helps me manage my life.

With the intention to acquire self-discipline, I made some efforts. First, I “broke up” with electronic devices when I was studying so that I could keep focused. In addition, I made plans for everything and managed my time wisely in order to ensure all my goals can be achieved. Furthermore, it was a good idea to find a self-discipline partner who is also strict with himself or herself. We could supervise and encourage each other, making full use of positive peer influence.

Needless to say, I have benefited a lot from self-discipline. Firstly, I have made huge progress in my study. Secondly, I have been making the best use of my time to improve my efficiency and I have gained so much confidence with each goal achieved. Lastly, being self-disciplined has prepared me and my friend for a better and brighter future.

So, I always believe “true liberty is to have power over oneself in all things.”

2023 东城一模

在初中三年学校生活中，同学们为自己的班集体做出过各种贡献，比如积极参加班级活动、维护教室环境、热心帮助同学等。

某英文网站正在开展以“贡献”为主题的征文活动。假定你是李华，请用英语写一篇短文投稿，谈谈你为班集体做过什么贡献，你有什么感受。

提示词语：contribute (做贡献), collect, book, share, proud

提示问题：
• What do/did you do for your class?
• How do you feel?

It's important for every student to contribute to their class. _____

It's important for every student to contribute to their class. As an English monitor, I collect and hand out my classmates' exercise books on time. I try different ways to improve my classmates' English. I always help some students with their homework. Once, I shared my learning methods in front of the class and some students found them helpful. To encourage my classmates to read more books, I started a reading club last year. By now, we have read over thirty books.

I feel very happy and proud of myself for contributing a lot to my class.

2023 房山一模

生活中，处处需要合作。共同努力往往能够创造更好的结果。

某英文网站正在开展以“团队合作”为主题的征文活动。假如你是李华，请你用英语写一篇短文投稿，谈谈你最难忘的一次团队合作经历，以及你的收获。

提示词语： competition, encourage, win, improve, confident

提示问题： ● How did you work as a team?

● What have you learned from the experience?

Teamwork is important for teenagers. _____
